

Mid-Western Regional Maternity Hospital

Clinical Midwife Specialist Diabetes

Learning Opportunities

Whilst on placement with the Clinical Midwife Specialist Diabetes, the midwifery student may have the opportunity to experience the following:

- Participate in the care of a woman attending the Clinical Midwife Specialist Diabetes
- Participate in the assessment, planning, implementation and evaluation of care provided to the woman with diabetes
- Expand knowledge of diabetes in pregnancy including Type of diabetes – Type 1, Type 2, Gestational Diabetes Mellitus
- Develop an awareness of physical psychological, cultural and social needs of a woman with diabetes in pregnancy
- Increase knowledge of diagnosis and ongoing monitoring of woman with diabetes in pregnancy including glycaemic targets
- Identify how to recognise and manage hypoglycaemia and hyperglycaemia
- Develop knowledge of the pathophysiology of diabetes in pregnancy
- Identify commonly used drugs for the treatment and management of diabetes in pregnancy
- Identify lifestyle modification and dieting advice recommended for women
- Gain knowledge of the complications related to diabetes in pregnancy for women and the fetus
- Build knowledge of the postnatal management of women who had diabetes in pregnancy and their babies

This is a specialist placement. The midwifery student will have the opportunity to learn diabetes through the role of the Clinical Midwife Specialist Diabetes. The midwifery student will gain experience in the care of women with diabetes under the direct supervision of the Clinical Midwife Specialist Diabetes.

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