



**Hours of Duty for B.Sc
Intellectual Disability Nursing
(Unrostered Placement/35 hour week)**

Includes Internal Placements and External

Formulated In Conjunction with University of Limerick

Please Note

Hours are subject to change during the duration of your course. If you have any requests to change from the lines of off duty given please put in writing and address to ALO. Where a Bank Holiday occurs student is entitled to the day off and it equates to 7 hrs in attendance sheet

Updated May 2016

First and Second Year Student Nurses

ALL RESIDENTIAL UNITS

Complete the following line of duty unless placement site has agreed a specific line of duty with NPDT in order to maximise learning experience.

LINE

8.00 a.m. - 5.15 p.m. X 4 days (8.75 x 4 = 35hrs) ½ hour lunch

Clearing Time

If a student nurse needs to clear time missed they may negotiate with CPC and the placement sites CNM or preceptor to work beyond 5.15pm. Student nurses can not exceed a maximum of 39hrs per week.

Third years and Unrostered 4th years

ST. VINCENT'S CENTRE, LISNAGRY, CO. LIMERICK

ALL RESIDENTIAL UNITS / BUNGALOWS

LINE ONE DUTY ROTA

8.00 a.m. - 4.00 p.m. (Monday - Thursday)	½ Hour Lunch	=	30 Hours
8.00 a.m. - 1.00 p.m. (Friday)		=	<u>5</u>
	Total		35 Hours

LINE TWO DUTY ROTA

1.00 p.m. - 8.00 p.m.	=	6½	Hours	(½ hour for Supper)
8.00 a.m. - 4.30 p.m.	=	8	Hours]
8.00 a.m. - 4.00 p.m.	=	7½	Hours] ½ Hour for Lunch
8.00 a.m. - 4.30 p.m.	=	8	Hours]
8.00 a.m. - 1. p.m.	=	<u>5</u>	Hours]
Total	=	35	Hours	

LINE THREE

8.00 a.m. - 8.00 p.m.	=	11	Hours	½ Hour for Lunch + ½ Hour for Supper
8.00 a.m. - 6.00 p.m.	=	9½	Hours	½ Hour for Lunch.
8.00 a.m. - 6.00 p.m.	=	9½	Hours	½ Hour for Lunch.
8.00 a.m. - 1.00 p.m.	=	<u>5</u>	Hours	
Total	=	35	Hours	

LINE FOUR

8.00 a.m. - 5.15 p.m. X 4 days (8.75 x 4 = 35hrs) ½ hour lunch

LINE FIVE

Please note in order to achieve a competency a student can work the same off duty as his/her preceptor (excluding week-ends). This line of off-duty would be negotiated with Student, CNM, and Preceptor.

EDUCATION AND DEVELOPMENT OF CHILD

LISSADELL

LINE 1

Monday 8.00 – 6.00 p.m. (9.5 hrs) Tuesday 12.00 – 8.00 p.m. (7.5 hrs) Wednesday 12.00 – 6.00 p.m. (5.5 hrs) Thursday 12.00 – 8.00 p.m. (7.5 hrs) Friday 8.00 – 1.00 p.m. (5 hrs)

TOTAL 35 HOURS

LINE 2

Monday 12.00 – 8.00 p.m. (7.5 hrs); Tuesday 8.00- 8.00 p.m. (11 hrs); Wednesday 8.00 – 6.00 p.m. (9.5 hrs); Thursday 12.30 – 8.00 p.m. (7 hrs); Friday day off.

TOTAL 35 HOURS

LINE 3

Monday 8.00 – 8.00 p.m. (11 hrs); Tuesday 8.00 - 5.30 p.m. (9 hrs); Wednesday 10.00 – 6.00 p.m. (7.5 hrs); Thursday 10.00 – 6.00 p.m. (7.5 hrs); Friday day off

TOTAL 35 HOURS

San Josef Children's Respite Service, Ballysimon road, Limerick 061-481423.

TERM TIME (When the children are attending school)

Mon – Fri 1-8pm (7x5=35)

One hour of PRT to be allocated

Or

Monday 12.30 -8.30 (8)

Tues+Wed 1-8.30 (7.5x2 =15)

Thurs and Fri OFF

Sat 8-8 (12)

One hour of PRT to be allocated

SCHOOL HOLIDAYS

8-8 x 2 days (12 x2 =24)

8-7pm (11)

One hour of PRT to be allocated

Or

8-8 (12)

8-6(10)

1-8 (7)

8-2 (6)

One hour of PRT to be allocated

**Please note if 2 unrostered students are allocated to San Joseph they will be required to work one of the above lines each.

SCHOOL:

St. Vincent’s School, Lisnagry, Co. Limerick. **Phone Number, 061-501403**

9.00 a.m. – 3.00 p.m. (Monday-Friday)

½ Lunch Included.

7.5 hours discretionary/reflective hrs

Students please park your car in the School of Nursing car park, thank you.

Students please bring your swimwear with you every day.

DAY SERVICES:

D.E.C. (Developmental Education Centre), St. Vincent’s Centre, Lisnagry, Limerick (On Campus)

8.15 a.m. – 4p.m. (7.25hrs)

8.15 a.m. – 3.30p.m. (6.75 hrs)

8.15 a.m. – 3.30p.m. (6.75 hrs)

8.15 a.m. – 3.30p.m. (6.75 hrs)

8.15a.m. – 4.15 p.m. (7.5) (3.15- 4.15 =1hr reflective practice)

½ Hour for Lunch Included.

East Limerick Children’s Services (E.L.C.S.) Phone no 061-229785

8.30 a.m. – 4.30 p.m. (Mon-Thurs) ½ Hour for Lunch

8.30 a.m. – 1.30 p.m. (Fri)

EDUCATION AND DEVELOPMENT OF ADULT.

**SEJARE HOUSE, ADULT RESPITE HOUSE, ANNACOTTY, CO LIMERICK
(061-332874)**

MONDAY	2.30-9.30pm (1/2 break inclusive)	7 hours
TUESDAY	2.30- 9.30pm (1/2 break inclusive)	7 Hours
WEDNESDAY	2.30-9.30pm (1/2 break inclusive)	7 Hours
THURSDAY	2.30-9.30pm (1/2 break inclusive)	7 Hours
FRIDAY	2.30-9.30pm (1/2 break inclusive)	7 Hours

ACTIVATIONS: St Vincent's Centre, Lisnagry, Cappamore, Dooradoyle.

Saoirse

MONDAY	9 a.m. – 4.30p.m.	7 hours
TUESDAY	8.45 a.m. – 4.15 p.m.	7 Hours
WEDNESDAY	8.45 a.m. – 4.15 p.m.	7 Hours
THURSDAY	8.45 a.m. – 4.15 p.m.	7 Hours
FRIDAY	9 a.m. – 4.30 p.m. (3.30-4.30 = reflective practice hr)	7 Hours

Tara Activation

MONDAY	9-4.30	7 hours
TUESDAY	9-4.30	7 Hours
WEDNESDAY	9-4.30	7 Hours
THURSDAY	9-4.30	7 Hours
FRIDAY	8.30-4pm (3pm – 4pm = reflective practice hr)	7 Hours

St Louises

MONDAY	8.30-4pm	7 hours
TUESDAY	8.30-4pm	7 Hours
WEDNESDAY	9-4.30pm (4pm-4.30pm = ½ reflective practice)	7 Hours
THURSDAY	8.30-4pm	7 Hours
FRIDAY	8.30-4pm (3.30pm- 4pm = ½ hr reflective practice)	7 Hours

Skills Development

MONDAY	8.45-4.15	7 hours
TUESDAY	8.45-4.15	7 Hours
WEDNESDAY	8.45-4.15	7 Hours
THURSDAY	8.45-4.15	7 Hours
FRIDAY	9-4.30 (3.30-4.30= reflective practice)	7 Hours

Marion Hall in Tara Building

MONDAY	9-4.30	7 hours
TUESDAY	9-4.30	7 Hours
WEDNESDAY	9-4.30	7 Hours
THURSDAY	9-4.30	7 Hours
FRIDAY	9-4.30pm (3.30 – 4.30 = reflective practice hr)	7 Hours

EOLAS

MONDAY	8.45 a.m. – 4.15 p.m.	7 Hours
TUESDAY	8.45 a.m. – 4.15 p.m.	7 Hours
WEDNESDAY	8.45 a.m. – 4.15 p.m.	7 Hours
THURSDAY	8.45 a.m. – 4.15 p.m.	7 Hours
FRIDAY	8.45 a.m. – 4.15 p.m. (3.15- 4.15 =1hr reflective practice)	7 Hours

Spraoui

MONDAY	8.45- 4.15 pm	7 Hours
TUESDAY	8.45-4.15 pm	7 Hours
WEDNESDAY	8.45- 4.15 pm	7 Hours
THURSDAY	8.45-4.15 pm	7 Hours
FRIDAY	8- 3.30 pm (2.30pm-3.30pm = 1hr reflective practice)	7 Hours

Mes Amis

(This is one option of a line of duty but may be subject to change - negotiated with preceptor on a weekly basis)

MONDAY	8.30 a.m. – 4.30p.m.	7.5 Hours
TUESDAY	8.30 a.m. – 4p.m.	7 Hours
WEDNESDAY	8.30 a.m. – 4p.m.	7 Hours
THURSDAY	8.30a.m. – 4 p.m.	7 Hours
FRIDAY	8.30 a.m – 3.30 p.m. (2.30pm- 3.30pm) = 1hr reflective practice	6.5 Hours

LE CHEILE (St Margaret's Hall)

MONDAY	8.45 a.m. – 4.15 p.m.	7 hours
TUESDAY	8.45 a.m. – 4.15 p.m.	7 Hours
WEDNESDAY	8.45 a.m. – 4p.m.	6 ¾ Hours
THURSDAY	8.45 a.m. – 4.15 p.m.	7 Hours
FRIDAY	8.45a.m – 4.30 p.m. (3.30-4.30 = 1 hr reflective practice)	7 ¼ Hours

Louise de Marillac Dooradoyle, Education and Development of Adult, Dooradoyle, Limerick
Phone Number 061-306011.

8.00 a.m. – 4.00 p.m. (Monday-Thursday) ½ Hour for Lunch, 8.00 a.m. – 1.00 p.m. (Friday)

Cappamore Activation (Phone no 061-381366) and Vinmore hse (Phone no 061-381796).
 Both are based in Cappamore and a student nurse will be allocated between both. As a result line of duty to be negotiated with placement site as can be a five or four day placement.

SPECIALIST PLACEMENTS

Placement: Community Residential Service (CRS)

Working rota A

Week 1 for Student A

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3.00 p.m. – 8.00 p.m.	8.00 a.m. – 8.00 p.m.	9.00 a.m. - 3.30 p.m.	8.00 a.m. - 8.00 p.m.	Off	Off
		In Garvey or Tait, -.5h lunch			
5 hours	12 hours	6 hours	12 hours	0 hours	Total 35 hours

Week 2 for Student A and

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
4.00 p.m. – 9.00 p.m.	8.00 a.m. – 8.00 p.m.	9.00 a.m. - 3.30 p.m.	8.00 a.m. – 8.00 p.m.	Off	Off
		In Garvey or Tait. -.5h lunch			
5 hours	12 hours	6 hours	12 hours	0 hours	Total 35 Hours

Working rota B - Week 1 for Student B

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3.00 p.m.-8.00 p.m.	off	Off	8.00 a.m. – 8.00 p.m.	9.00 a.m. - 3.30 p.m.	8.00 a.m. – 8.00 p.m.
				In Garvey or Tait. - .5h lunch	
					12 hours
5 hours	0 hours	0 hours	12 hours	6 hours	Total 35 Hours

Week 2 for student B

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
4.00 p.m. – 9.00 p.m.	off	Off	8.00 a.m. -8.00 p.m.	9.00 a.m. - 3.30 p.m.	8.00 a.m. - 8.00 p.m.
				In Garvey or Tait. -.5h lunch	
					12 hours
5 hours	0 hours	0 hours	12 hours	6 hours	Total 35 hours

Physical Education (P.E)

9.00 a.m. - 5.00 p.m. (Mon-Tuesday.), 9.00 a.m. - 4.30 p.m. (Wednesday-Thursday) ½ Hour for Lunch,

9.00 a.m.– 3p.m. (Friday), Reflective 1 hr. to be taken 2-3pm Friday, (no lunch, reflective hour 2-3pm).

If lunch taken reflected as follows 9-3.30pm, finishing 2.30pm reflective hr. 2.30-3.30pm. Students please bring your swimwear with you **EVERY DAY** to P.E.

Training, Education and Employment Services. (T.E.E.S)

- 1) Training Centre, St Vincent's Centre, Lisnagry **061-501406**
9.00 a.m. - 4.30 p.m. (Mon-Fri)
- 2) Tait Business Centre (unit 16), Dominic Street Limerick **061-419477**
9.00 a.m. - 4.30 p.m. (Mon-Fri)
- 3) Garvey Enterprise, Johns Street, Limerick **061-400488**
9.00 a.m. - 4.30 p.m. (Mon-Fri)

MENTAL HEALTH SERVICES (Various locations within Mid-West)

- (a) **Shift Pattern 1** 9.00 a.m. – 5.00 p.m.
9.00 a.m. – 2.00 p.m. (Fri)
- (b) **Shift Pattern 2** 8.00 a.m. – 4.00 p.m.(Mon-Thurs) ½ hour lunch
8.00 a.m. – 1.00 p.m. (Fri)
- 4) **GENERAL HOSPITALS**

Please report to Ward/CPC (Hospital) prior to placement for line of duty

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| (a) Regional Hospital, Dooradoyle, Limerick. | Phone Number 061 301111 |
| (b) St Johns Hospital, Limerick | Phone Number 061-415822 |
| (c) Ennis General Hospital | Phone Number 065-6824464 |
| (d) Pediatric unit Regional Hosp, Dooradoyle | Phone Number 061 301111 |
| (e) Nenagh Hosp, Nenagh, Co Tipp. | Phone Number 067-31491: |