



## GUIDELINE 1

### CODE OF DRESS FOR STUDENT NURSES BSc INTELLECTUAL DISABILITY

The following is the Code of Dress for student nurses on practice placement. The objective of this guideline is to ensure a professional image is portrayed at all times, to adhere to the Health and Safety regulations and Infection Control regulations.

No Dress code can cover all contingencies so student nurses must exert a certain amount of common sense, appropriateness and good judgement in the choice of clothing which they wear to placement.

#### 1.1 Scope.

This guideline applies to all BSc Intellectual Disability Students.

#### 1.2 Student Nurses are required to adhere to the following Code of Dress:

- 1.2.1 Student nurses are required to wear appropriate professional attire or alternatively the service approved tunic and black trousers. The only sites that students must wear the uniform on are acute general placement and mental health placement.
- 1.2.2 Where a placement site or situation requires that uniforms are not worn students must revert to code of dress. This includes accompanying service users on trips and social outings.
- 1.2.3 Clothing must not be revealing or overtly casual. Clothes to be clean, ironed and appropriately maintained.
- 1.2.4 Student nurses in direct care related areas must wear clothing which is comfortable and practical for work.
- 1.2.5 Inappropriate logos, images, prints cannot be worn on clothing

- 1.2.6 Comfort fit neat dark jeans and trousers and other makes of cotton or synthetic material pants, wool, linen, are acceptable.
- 1.2.7 Tight fitting or blue jeans, short shorts, leggings and any spandex or other tight fitting pants such as people wear for exercise are not acceptable.
- 1.2.8 Skirts and dresses should be of an appropriate length. Tank, halter and midriff tops, tops with plunging necklines must not be worn. Spaghetti strap dresses and tops are inappropriate for work.
- 1.2.9 ID badges to be worn at all times on practice placements. If lost, it is the responsibility of the student nurse to replace badge. On exiting programme the Student Nurse must return the ID badge to Daughters of Charity Services.
- 1.2.10 Nails to be kept short and clean. Nail varnish, false nails or nail art are not permitted.
- 1.2.11 Hair must be worn off the collar and back from the face. (Tied up if necessary). Hair accessories must be discreet in size.
- 1.2.12 Student Nurses should maintain their own personal hygiene due to close contact with service users, staff and general public.
- 1.2.13 Jewellery; Stud earrings, a flat ring or a wedding band only. No other visible body piercing, tongue piercing or artwork will be permitted. (Retainers or plasters are not an acceptable alternative). Make up to be kept to a minimum.
- 1.2.14 Shoes must be clean, polished and in good repair, and must meet Health and Safety Requirements. They should be supportive shoes, must enclose the toes, side and heel of foot.
- 1.2.15 Daughters of Charity fully endorse a no-smoking policy so, to continue the quality of service user care that we provide, it is imperative that students maintain their uniform free from the odour of smoke and appropriate measures are taken to prevent the smell of smoke from breath.

### 1.3 Protective Clothing

All staff to wear suitable protective clothing for certain activities as directed by D.O.C. Policies and Procedures.

1.4 Each student has a responsibility to uphold the professional dress code.

1.5 It is the responsibility of, CNM'S, Managers and Preceptors in charge of the clinical area/students to implement this guideline.

Non-compliance is a breach of the Code of Conduct and will be addressed through the protocol for reporting unprofessional behaviours. The student nurse will be referred to Clinical Placement Coordinators and may be required to leave placement to change attire. Any time lost from placement due to a breach of Code of Dress the student will be required to repay this time.

Formulated by: Nurse Practice Development Team

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