**LM089 BSc Sport & Exercise Sciences**

**Application information for mature student applicants**

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| Apply through CAO by 1st February.[www.cao.ie](http://www.cao.ie) | Refer to [Academic Registry](https://www.ul.ie/academic-registry/prospective-students/applying-UL/mature-students) for late applications. |

**Application Process:**

1. **CAO application form –** Applicants must ensure that they tick the ’mature’ category on the CAO application form.
2. **Supporting Statement –** Applicants to [LM089](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ul.ie%2Fcourses%2Fbachelor-science-sport-and-exercise-sciences&data=05%7C01%7CEve.Digpal%40ul.ie%7C64d12fd7312144a2fa4508dbeb77b34a%7C0084b9243ab4411692519939f695e54c%7C0%7C0%7C638362671557402748%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=j9m3m5XRySqxe5j8FbcQwZxSX4YoYrhZKmexGkv0NNU%3D&reserved=0) are required to submit a short supporting statement using no more than 1000 words. Your supporting statement should have the following title: “Reasons why I’m ready to undertake a degree in Sport and Exercise Sciences”. See guidelines overleaf for further details and information.
3. **Supporting documentation** – All supporting documentation (e.g., evidence of prior qualifications, supporting statement for LM089) should be uploaded directly to the CAO.

**Minimum Entry Requirements:**

* Submission of supporting statement with CAO application

**Application Assessment Criteria:**

* Prior education
* Work/life experience
* Transferable skills
* Supporting Statement

**Interview Assessment Criteria:**

* No interview. Places awarded based on application.

**Additional assessment information for applicants to LM089:**

**Guidelines for writing the supporting statement for LM089**

Applicants to LM089 are required to submit a short supporting statement using no more than 1000 words. Your supporting statement should have the following title:

“Reasons why I’m ready to undertake a degree in Sport and Exercise Sciences”

In your supporting statement you should describe the following:

1. Your current level of academic skill (IT, numeracy and study skills). You could include some numerical or graphical information relevant to the skills that you are discussing.
2. Your interest and knowledge of sport and exercise science, including career possibilities.
3. How your experience and involvement in sport as an athlete or coach aligns with key disciplines within sport sciences and the course [LM089](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ul.ie%2Fcourses%2Fbachelor-science-sport-and-exercise-sciences&data=05%7C01%7CEve.Digpal%40ul.ie%7C64d12fd7312144a2fa4508dbeb77b34a%7C0084b9243ab4411692519939f695e54c%7C0%7C0%7C638362671557402748%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=j9m3m5XRySqxe5j8FbcQwZxSX4YoYrhZKmexGkv0NNU%3D&reserved=0).

This supporting statement together with any additional information and exam results, must be uploaded to the CAO. **Please also ensure that you include your CAO number on your supporting statement.**