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## WELCOME TO THE UNIVERSITY OF LODZ



# Poland

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### 01 A Fascinating Country to Explore

### Poland: A Fascinating Country to Explore

country in Central Europe, bordered by Germany to the West, Czech Republic and Slovakia to the South and Ukraine, Belarus, Lithuania and Kaliningrad Oblast to the East. Poland's north border is lined by the 528-kilometer coast of the Baltic Sea.

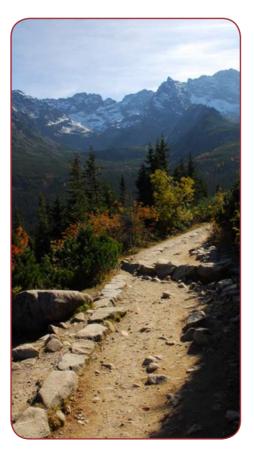
Poland's history is more than a thousand years of complicated and grand times with outstanding people who have contributed to the history of Poland, and the world. They include: Mikołaj Kopernik, who "stopped the Sun and moved the Earth", King Jan Sobieski, who defended Vienna against the Turks, Maria Curie-Skłodowska, who discovered radium and polonium, the great composer Fryderyk Chopin, President Lech Wałesa, Andrzej Wajda, Andrzej Kieślowski, Arthur Rubinstein, Czesław Miłosz, Pope John Paul II and many others.

Thirteen sites in Poland have been put on the UNESCO list of World Heritage Sites. Polish cities with a thousand-vear history invite visitors to encounter their unique beauty and charm. Poland's villages and small towns offer the opportunity to get away from the bustle of modern life, but Poland's greatest attraction is her nature: wild, often untouched, and more diverse than in most countries in Europe and around the world. You can find more or less everything here: alpine mountains, wide beaches, clean lakes, deep forests, internationally-renowned historic monuments, and even a desert in southern Poland. All of that, plus friendly people, make the country very attractive for foreign quests.

Poland has been a member of NATO since 1999, the European Union since 2004 and, in

2007, Poland joined the Schengen Area. Poland has also one of Europe's voungest Poland, officially the Republic of Poland, is a populations – half of its citizens are less than 35 years old. Out of nearly 39 million Poles almost 2 milion are university students.

> Polish academic traditions date back to the 14th century. Some of Europe's oldest universities can be found here. Polish universities are well known all over the world for the high level of education they offer.



### Poland in short

Official name: Republic of Poland/ Rzeczpospolita Polska; short form Poland/ Polska

- Location: Central Europe
- Language: Polish
- Capital City: Warsaw (Warszawa)
- Major cities: Lodz (Łódź), Cracow (Kraków), Wrocław, Poznań, Gdańsk
- Population: 3,816,000 (December) 2009)
- Religions: Roman Catholic 89,8%, Fastern Orthodox, Protestant, Jewish, among others
- Currency: Złoty (PLN)
- Climate: moderate with both maritime and continental elements (the average temperature in Winter is -2°C; the average temperature in Summer is 22°C)

### Climate and Dress Code

Some people associate Poland with the North Pole or the South Pole and amiable polar bears. Unfortunately, or maybe fortunately, the only polar bears that we have are kept in the zoo and the legendary cold, snowy winters are not as bad as people think. The average temperature in December, January and February is -2°C. These months are normally snowy which provides splendid opportunities to go skiing in the mountains. We advise bringing heavier coats, gloves, caps and boots.

March and April vary between cold and warm days with average temperatures of 12°C. After that comes considerably warmer weather. The summer months can sometimes be unbearably hot.

The dress code at the university is rather informal. The average Polish student tends to

dress very casually when attending lectures, tutorials and so on. There are special occasions throughout the academic year where it might be more appropriate to dress a bit more formally, but it's not necessary.

For more information about recruitment process please visit International Students Office:

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06 Useful information