



UNIVERSITY OF  
**LIMERICK**  
IRELAND



# UNIVERSITY OF LIMERICK

## Health and Safety Arrival Guidelines for International Students

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SEPTEMBER 2020

[#StudyAtUL](#)

# INTRODUCTION

Ireland has a strong reputation as a welcoming quality study destination for international students. In light of the current pandemic, and to ensure student safety the Irish government has drawn up a protocol to guide the student journey to Ireland. The paramount objective of these guidelines is to provide the uppermost protection of public health, for all students, staff, and the wider community.

## PRE-DEPARTURE

Students will be required to complete an online symptom tracker provided by UL for 14 days before departure for Ireland. Any students who have symptoms or who have tested positive for COVID-19 should not travel to Ireland until they have been symptom-free for at least 14 days prior to departure.

Students traveling from a [non-Green List country](#) will need to restrict their movements for the 14 days after arrival.

## ARRIVAL TO IRELAND

There is a coordinated meet and greet and transfer service for international students to campus. This service will operate for a six-week period from mid-August until the end of September.

Students will be required to complete a COVID-19 Passenger Locator Form, as is the case for all incoming passengers.

Standard protocols for coach transport will be adhered to such as capacity and appropriate face coverings and details of passengers will be retained for contact tracing purposes.



## RESTRICTED MOVEMENTS FOR 14 DAYS AFTER ARRIVAL:

Students will be advised of the need to maintain appropriate behaviours to minimise risk of transmission during the 14-day period.

Restricting movement means **staying indoors and avoiding contact with other people and social situations as much as possible.**

### This includes:

- **Not going to campus facilities such as libraries/lecture theatres etc. or a workplace;**
- **Not using public transport;**
- **Not having visitors in their place of residence;**
- **Not visiting others;**
- **Not going to shops or pharmacies unless it is absolutely necessary. Where there is no alternative, a face-covering should be worn.**
- **Do not meet face to face with older people, anyone with a long term condition or pregnant women**

During the 14 restricted movement period, a UL representative will contact students daily to track and record any Covid-19 related symptoms. Where students have symptoms, they will be supported, including in accessing on-campus medical support and national-level supports.

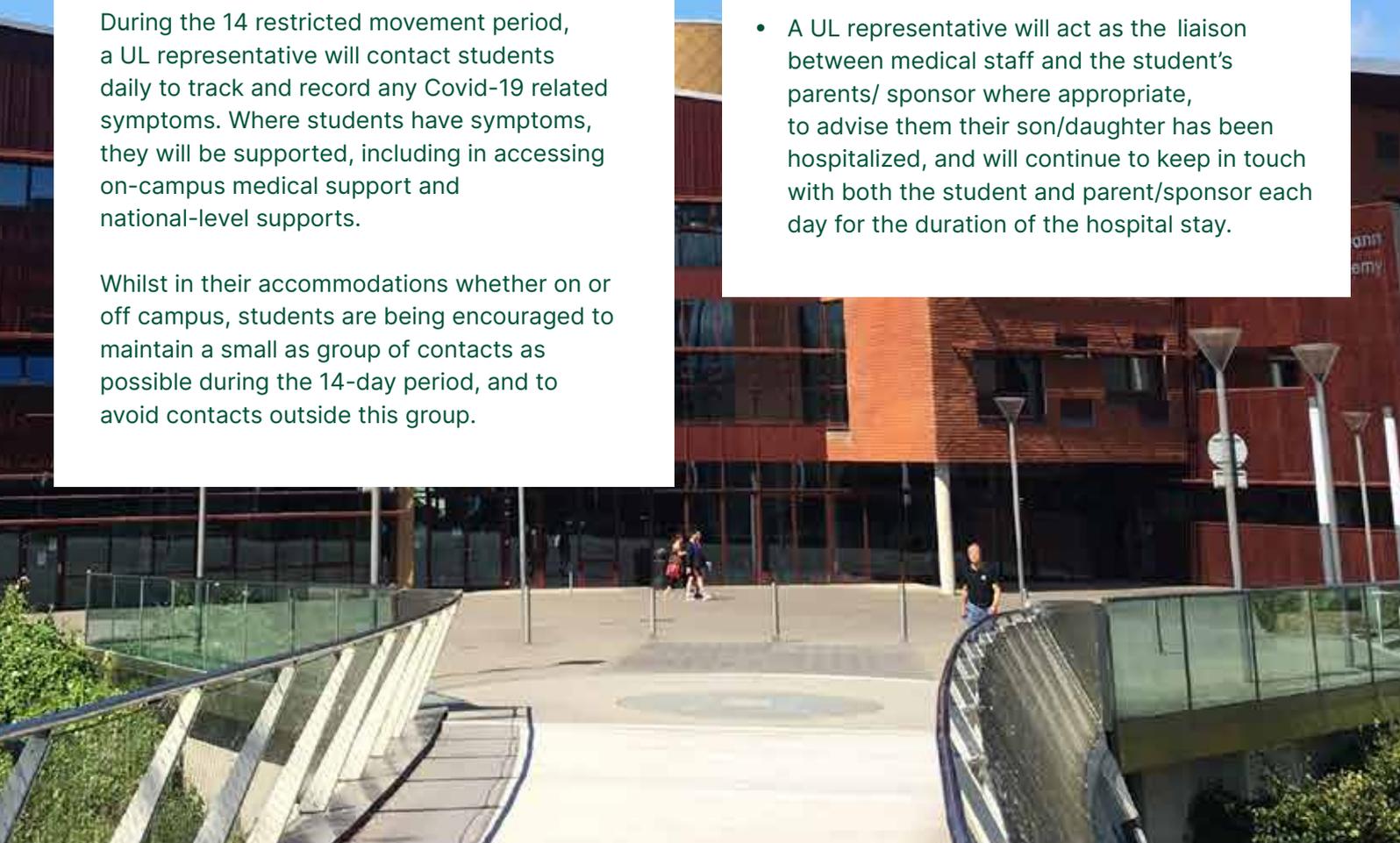
Whilst in their accommodations whether on or off campus, students are being encouraged to maintain a small as group of contacts as possible during the 14-day period, and to avoid contacts outside this group.

**In the event of an international student testing positive for COVID-19, the following steps will be taken:**

- students will be personally contacted by a UL representative to check on their welfare and will advise the student of the need to self-isolate, and to adhere to of all HSE guidelines.
- UL will remain in close contact by phone with the student on a daily basis and will offer supports (e.g. help in accessing food, supplies, medication, laundry etc) where it is necessary to do so.
- Attention will also be paid to the students' mental health during the period of self-isolation and appropriate supports will be made available, including support in contacting friends and relatives.

**In the rare case that a student is hospitalized due to COVID-19:**

- The Department of Health has confirmed that all acute healthcare needs of international students will be provided free of charge to the student.
- A UL representative will act as the liaison between medical staff and the student's parents/ sponsor where appropriate, to advise them their son/daughter has been hospitalized, and will continue to keep in touch with both the student and parent/sponsor each day for the duration of the hospital stay.





If you have any questions,  
please don't hesitate to contact us.

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