Monday, 20th January

06.00 to 18.00
Airport Collection:
Shannon Airport: All of our students are welcome to avail of our free airport collection service to Shannon airport. This free service is available from Shannon airport only. Collection will be available on Monday, January 20th and Tuesday, January 21st 2020 from Shannon Airport between 6am - 6pm only.

Dublin Airport: To assist you with Dublin airport on Monday, January 20th and Tuesday, January 21st 2020 from 8am to 5pm, we will have a team on hand to meet you at the arrivals hall in Terminal One and Terminal Two. Please find details of direct coach to UL Campus here - https://www.dublincoach.ie/

14.00 to 15.00
Welcome Coffee meeting: Meet fellow students and International Office Staff
Library Reading Ground Floor

15.15 to 16.15
Mindfulness Workshop: Learn to be present and aware using your senses, thoughts and emotions.
Room CSG 01, CSIS Building

Events denoted with an asterisk (*) are mandatory. Please arrive at least 5 minutes before start time for all events.
Tuesday, 21st January

06.00 to 18.00
Airport Collection as per Monday

11.00 to 13.00
*Freshman Introductory Meeting:
Introductory session for Freshman Students
CG057, Main Building
You can find directions to the Venue [here](#).

14.00 to 15.00
Welcome Coffee: Meet fellow students and International Office Staff
River Bistro

15.15 to 16.15
Irish Cookery Demonstration
Simple Demonstration to help you make some home cooked meals!
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue [here](#).

17.30 to 19.30
Traditional Irish Music Night:
Come along and enjoy the music and atmosphere as we showcase Traditional Irish Music. Learn to dance a reel if you’re brave enough! Stables Club

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Wednesday, 22nd January

9.00 to 11.00
*Study Abroad Orientation Presentation & Information Session*
Jean Monnet Theatre, DG-016, Main Building You can find directions to the Venue here.

11.00 to 12.00
Timetable & Module Session
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

12.00 to 12.45
Adjusting to Life in Ireland with Matt Canon:
This session offers a chance to learn about local Irish Culture.
Matt will look at ways to help students integrate with life on campus as smoothly as possible.
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

14.00 to 15.00
*Introduction to Practical Modules:
Presentations from Irish World Academy, Physical Education and Sport Science and UL Practicum. Academics discuss modules with a practical element and how they will add value to your International experience.
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

16.00 to 18.30
Bus to Parkway Shopping Centre: Depart every 30 Minutes
University Concert Hall, Foundation Building You can find directions to the Venue here.

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Thursday, 23rd January

09.30 to 11.00
English as a Foreign Language (EFL) placement
Session: EFL is offered to International students at Advanced, Upper Intermediate and Intermediate levels. Students will be placed in the appropriate level class during this period. This session is for all non-native English speakers taking an EFL module.
KBG12, Kemmy Business School
You can find directions to the Venue here.

10.00 to 11.00
Introduction to your United States Cultural Advisor:
US students, meet your Cultural Advisor, Ashley Taylor
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

11.15 to 12.15
*Speaker Sessions: Get to know the services available to you on campus.
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

12.15 to 13.00
Question & Answer Session:
For those of you who still have unanswered questions!
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

14.15 to 15.15
Fun Introduction to Irish Language Workshop:
A taste of Irish language & culture
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

15.30 to 16.00
Religious Services in UL & Counselling Support:
A guide to mental health and spirituality on campus
Jean Monnet Theatre, DG-016, Main Building
You can find directions to the Venue here.

16.30 to 18.00
Welcome Dinner:
Study Abroad & Full degree Stables Bar

19.00 to 20.00
Zumba Class: There are Limited Spaces so don’t forget to Sign Up!
PESS Building

Events denoted with an asterisk (*) are mandatory. Please arrive at least 5 minutes before start time for all events.
Friday, 24th January

08.00 to 08.45
**Campus 5K Run**
Brown Thomas Statue, outside Entrance of the **Main Building**.

11.00 to 12.00
**Question & Answer Session**: For those of you who still have unanswered questions!
**CSG 01, CSIS Building**
You can find directions to the Venue [here](#).

12.15 to 14.30
**Enrolment & Campus Tour**:
Collect your Student ID card & take a Campus Tour with a group of your peers.
**Jean Monnet Theatre, DG-016, Main Building**
You can find directions to the Venue [here](#).

15.30
**Formal Welcome to UL** with performance from **Celtic Steps Irish Music and Dance**
**University Concert Hall, Foundation Building**

Events denoted with an asterisk (*) are mandatory. Please arrive at least 5 minutes before start time for all events.
Saturday, 25th January

10.00 to 11.00
Bus to Limerick Milk Market and city centre for shopping
Departs from Foundation Building Car Park

14.00 to 15.00
Return Bus to UL
Drop Off at Foundation Building Car Park

Sunday, 26th January

09.00 to 18.00
Student Cultural Trip to Cliffs of Moher and The Burren:
Sign up at Student’s Life reception during orientation week! Approximate Cost €30. Details at your orientation session.
Departs from Foundation Building Car Park

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