GUIDE
FOR INTERNATIONAL STUDENTS
Adam Mickiewicz University in Poznań
POLAND IN BRIEF

Area
- 312,68 ha (9th largest country in Europe)

Population
- 38 milion

Government
- parliamentary republic

Language
- Polish

Capital city
- Warszawa

Major cities
- Gdańsk, Katowice, Kraków, Łódź, Poznań, Wrocław

Time zone
- UTC + 1 in winter
- UTC + 1 in summer (DST)

Member of the European Union
- Since 2004

Major Religion
- 89,8% of Poles declare belonging to the Roman Catholic Church

Currency
- zloty (PLN)

Approximate exchange rates
- 1 EUR = 4,15 PLN

(for up-to-date exchange rates see www.nbp.pl)
GUIDE
FOR INTERNATIONAL STUDENTS
Adam Mickiewicz University in Poznań
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Poznań is one of the oldest and largest cities in Poland (population ca. 560,000). Having played a significant role for centuries, Poznań owes its present prominence to its magnificent history, natural assets and historical sights. Thanks to a wealth of alluring options for those interested in pursuing their studies in this capital of Wielkopolska Region and drawn by its exciting career opportunities, every year the city attracts young, ambitious and brave people willing to face new challenges. Even during a brief stay, you are certain to notice Poznań’s wonderful atmosphere, comfort of life and extraordinary potential. There is no passion one could not pursue here. Poznań is a thriving modern metropolis ideal for business, culture and entertainment. Poznań has a student population of over 140,000, including 1500 foreigners. Poznań universities and colleges teach students from over 60 countries. Every second foreign student comes from another European country, every fourth from South America, every fifth from Asia. The largest number of students stem from the United States, Norway, Taiwan, Germany and Belarus. Students make the city come to life! For further information about city of Poznań, please refer to the city’s official website www.poznan.pl.
AMU is one of the largest academic centers in Poland. In addition to its facilities in Poznań, it has campuses in Gniezno, Kalisz, Piła and Słubice. With the staff of around 3000 lecturers and 52,000 students, our University ranks among the biggest academic center in Poland. Nearly 1,800 members of supporting staff ensure the smooth functioning of AMU. The University has fourteen faculties organized into institutes and departments, offers instruction in well over 100 disciplines and specialisations, as well as several degree programmes to choose from. AMU has well-developed foreign relations and co-operates with about 350 universities across the world under bilateral agreements. AMU is a member of: EUA - European University Association, EUCEN - European University Continuing Education Network, The Compostela Group of Universities, The Santander Group - European University Network, European Chemistry Thematic Network and other European Research Networks.
OUR ADVANTAGES
-10 TOP REASONS WHY TO STUDY AT AMU:

- Central location: halfway between Berlin and Warsaw; most European capitals accessible within 2 hours by plane!
- Multicultural environment
- Student-friendly city: every fourth citizen of Poznań is a student! 46,000 of them study at AMU!
- Vibrant business center offering career opportunities for students, Poznań region enjoys the lowest unemployment rate in Poland (around 2,5%)
- Broad academic offer: read on! AMU has been ranked among Top-3 Universities in Poland for the last 5 years!
- Largest number of professional full-time academic staff
- Advanced research opportunities: 25 research projects funded by the 6th European Union Framework Program for Research and Technological
- Handicap-friendly program: AMU has the largest population of students with disabilities in Poland!
- Easy access to culture: Poznań Philharmonic Orchestra plays in the AMU Main Auditorium, Poznan Opera House just across the square, National Museum 10 minutes away by foot!
- Exciting sports program to follow in 30 disciplines!

2.1 Overview of the Faculties

FACULTY OF BIOLOGY

Address:
ul. Umultowska 89, 61-614 Poznań
website: www.staff.amu.edu.pl/~biologia

Deputy Dean for International Affairs:
Prof. Przemysław Wojtaszek,
e-mail: przemow@amu.edu.pl

Study areas and specialisations:
• Biology
• Biotechnology
• Ecology and Management of Natural Resources
• Environmental Biology
• Experimental Biology
• Human Biology
• Molecular Biology

FACULTY OF CHEMISTRY

Address:
Collegium Chemicum
ul. Grunwaldzka 6, 60-780 Poznań
Phone +4861829 13 35, fax +48 61829 15 05
website: http://www.chemia.amu.edu.pl/
e-mail: wchem@amu.edu.pl

Study areas and specialisations:
• Chemistry
• Environmental Chemistry
• Chemical Synthesis and Analysis
• Material Chemistry
• Cosmetics Chemistry
• Biological Chemistry
• Chemistry with applied informatics
FACULTY OF EDUCATIONAL STUDIES

Address:
ul. Szamarzewskiego 89, 60-568 Poznań
e-mail:  wse@amu.edu.pl

Study areas and specialisations:
- Pedagogy
- Pedagogy of the aged
- Health pedagogy
- Pedagogy of Nurturing and Care
- Education
- Elementary education with therapy or English language
- Special needs education
- Social work and resocialization

FACULTY OF GEOGRAPHICAL AND GEOLOGICAL SCIENCES

Address:
ul. Dzięgielowa 27, 61-680 Poznań
Phone: +48618294561, Phone/Fax: +48618257845
website:  http://geoinfo.amu.edu.pl/
e-mail:  dziegeo@amu.edu.pl

Study areas and specialisations:
- Geography
- Quaternary evolution of the environment
- Hydrology, meteorology, climatology
- Socio-economic geography
- Environmental planning and protection
- Geoinformatics
- Spatial management
- Revitalisation and development of towns and rural areas
- Tourism and leisure
- Environmental protection
- Geology
- Geology
- Quaternary geology
- Hydrogeology and engineering geology

FACULTY OF LAW AND ADMINISTRATION

Address:
Św. Marcin 90, 61-809 Poznań
Phone: +48618294284, fax: +48618294100
website:  http://www.prawo.amu.edu.pl/
e-mail:  ewao@amu.edu.pl

Study areas and specialisations:
- Law
- Administration
- International Economic, Political and Cultural Relations (European Studies)
- Marketing and management
FACULTY OF HISTORY

Address:
ul. Św. Marcin 78; 61-809 Poznań
Phone: +48618294701, +48618294702,
fax: +48618524782
website: http://wydzial.historyczny.amu.edu.pl/
e-mail: dhist@amu.edu.pl

Study areas and specialisations:
• History
• Archive studies
• Balkan studies
• Eastern studies
• History of Germany
• History of culture
• Political culture studies
• Socio-economic history
• Teaching of history and civics
• Archaeology
• Ethnology and cultural anthropology
• History of art
• Musicology

FACULTY OF MATHEMATICS AND COMPUTER SCIENCE

Address:
ul. Umultowska 87, 61-614 Poznań
Phone: (48-61) 8295313, fax: (48-61) 8295315
website: http://web.wmi.amu.edu.pl/
e-mail: wmiuam@amu.edu.pl

Izabela Filipiak Ph. D.
e-mail: izafil@amu.edu.pl

Study areas and specialisations:
• Analytic and algorithmic theory
• Approximation theory
• Computer linguistics and artificial intelligence
• Computer science
• Cryptology
• Functional analysis
• Graph theory
• Mathematical analysis
• Mathematical linguistics
• Mathematical logic and foundations of mathematics
• Numerical analysis
• Probability and statistics
• Teaching of mathematics
• Topology

FACULTY OF POLITICAL SCIENCE AND JOURNALISM

Address:
ul. Umultowska 89a, 61-614 Poznań
Phone: +48618296510, +48618295311,
+48618296625, +48618296517.
Fax: +48618296626
website: http://wnpid.amu.edu.pl
e-mail: wnipd@amu.edu.pl

Study areas and specialisations:
• Political science
• Journalism
Address:
al. Niepodległości 4, 61-874 Poznań
Phone: +48 61 829 3502, fax: +48 61 829 3501
website: http://neo.amu.edu.pl
http://www.ifa.amu.edu.pl/llp/incoming_students
e-mail: dziekneo@amu.edu.pl

FACULTY OF MODERN LANGUAGES AND LITERATURE

Study areas and specialisations:
• Arabic Philology (philology covers language and culture studies)
• Baltic Philology
• Chinese Philology
• Danish Philology
• Dutch Philology
• English Philology
• Finnish Philology
• Finno-Ugric Philology
• French Philology
• German Philology
• Hebrew Philology
• Hungarian Philology
• Indology/Indic Studies/South Asian Studies
• Indonesian–Malayan Philology
• Italian Philology
• Japanese Philology
• Korean Philology
• Latvian Philology
• Lithuanian Philology
• Norwegian Philology
• Romanian Philology
• Russian Philology
• Russian–English Philology
• Russian–Ukrainian Philology
• Spanish Philology
• Swedish Philology
• Turkish Philology
• Vietnamese – Thai Philology
• Applied linguistics
• Applied Linguistics–Eco-communication
• Communication and information science
• Ethnolinguistics
• Linguistics and information science
FACULTY OF POLISH AND CLASSICAL PHILOLOGY

Address:
ul. Fredry 10, 61-701 Poznań
Phone: +48 61 829 3642, fax: +48 61 8829 5155
e-mail: dziewfpk@amu.edu.pl

Study areas and specialisations:
• Polish philology
  - teaching
  - comparative literature
  - cultural communication
  - editing
  - European cultural education
  - journalism
  - literary art
  - literary documentation and library studies
  - literary criticism
  - opera and musical drama
• Film, television and media studies
• Theatre studies
  - production and managing of interdisciplinary theatre projects
  - local communities’ theatre
  - theatre criticism
• Bulgarian philology
• Classical philology
• Croatian and Serbian philology
• Latin philology
• Mediterranean philology
• Slavonic and Polish philology

FACULTY OF PHYSICS

Address:
ul. Umultowska 85, 61-614 Poznań
Phone: +48 61 829 5202, fax: +48 61 8829 5155
website: http://www.fizyka.amu.edu.pl/
e-mail: fizyka@amu.edu.pl

Study areas and specialisations:
• Astronomy
• Applied IT
• Material engineering: nanotechnology
• Physics
• Acoustics
• Biophysics
• Computational physics
• Experimental physics
• Medical physics
• Theoretical physics
• Ocular optics
• Physics of the Earth and its atmosphere
• Physics of environment
• Teaching physics
FACULTY OF SOCIAL SCIENCES

Address:
ul. Szamarzewskiego 89, 60-568 Poznań
Phone: +4861 8292251, fax: +4861 8292102
website: http://www.wns.amu.edu.pl
e-mail: socuam@amu.edu.pl

Study areas and specialisations:
• Culture studies
• Philosophy
• Psychology
• Social work
• Sociology

FACULTY OF THEOLOGY

Address:
ul. Wieżowa 2-4, 61-111 Poznań
Phone: +48618517194, +48618293990,
fax: +48618519735
website: http://www.thfac.poznan.pl/
e-mail: thfac@amu.edu.pl

Study areas and specialisations:
• Theology

EXTERNAL CAMPAUSES:

FACULTY OF PEDAGOGY AND FINE ARTS IN KALISZ

Address
ul. Kostrzewskiego 5-7, 62-200 Gniezno
Phone: +48614237001
website: http://www.wpa.amu.edu.pl/
e-mail: wpa@amu.edu.pl

Study areas and specialisations:
• Arts education – plastic arts
• Arts education – musical arts
• English philology
• Polish philology
• History
• Cultural heritage protection
• Pedagogy specialisation: library science and scientific information
• Pedagogy specialisation: library science, scientific information and cultural animation
• Pedagogy specialisation: early school education and artetherapy
• Pedagogy specialisation: early school education and art
• Pedagogy specialisation: early school education with English language
• Pedagogy specialisation: social communication and self-governance
Study areas and specialisations:

- Bachelor and Master of German and Polish Law (EUV + AMU)
- Political Science (also via distance learning) (AMU)
- Environmental Protection (AMU)
- Management of urban development (AMU)
- Polish Philology (AMU)
- Polish Philology for International Students (AMU)
- Physics specialisation: Applied Computer Science (AMU)
- Master’s degree in studies of Political Science (via distance learning) (AMU)
- Master’s degree in studies of Political Science (EUV + AMU)
- Master’s degree in Preservation of European Cultural Heritage (EUV)
- Master of Intercultural Communication Studies (EUV + AMU)

Study areas and specialisations:

- Pedagogy specialisation: European education
- Political studies specialisation: European administration
- Foreign Languages College
- Foreign Languages College – English section
- Foreign Languages College – French section
- Foreign Languages College – German section
2.2 The University Library

The library has a large collection of printed materials and an extensive electronic online system. The printed collection includes about 3 million volumes of books and periodicals, as well as newspapers, maps and other documents.

The University Library offers:

• library and information services to student and staff at the Adam Mickiewicz University in Poznań
• access to periodicals, encyclopedias and reference literature, both in printed and electronic form, as well as online information databases
• courses/instruction how to use the library's collection and service
• online search service

For more information, visit the library website: http://lib.amu.edu.pl

OTHER LIBRARIES

There are branch libraries at all faculties, where you may find resources relevant to your studies.

- Library of the Faculty of Biology
- Faculty of Chemistry Library
- Faculty of Polish and Classical Languages and Literatures Library
- Faculty of Physics Library
- Astronomical Observatory Library
- Institute of History Library
- Institute of Ethnology and Cultural Anthropology Library
- Institute of Arts History Library
- Institute of Prehistory Library
- Chair of Musicology Library
- Faculty of Mathematics and Computer Sciences Library
- Faculty of Geographical and Geological Sciences Library
- Faculty of Political Science and Journalism Library
- Faculty of Social Sciences and Educational Studies Library
- NOVUM library
- Reading Room of the Institute of Applied Linguistics
- Faculty of Pedagogy and Arts Library
- Faculty of Law and Administration Library
- Theological Faculty Library
- The British Library and Reading Room AMU
- Foreign Languages College Library
- Botanic Garden Library
- Alliance Francaise Center Library
- Foreign Languages Teaching Center Library
- Collegium Europaeum Gnesnense Library
- Collegium Polonicum Library
2.3 Organization of the academic year

The academic year lasts 9 months, starting on 1 October and ending in the middle of June. It is divided into two semesters: **winter semester** (October to January) and **summer semester** (mid-February to May). A two-week exam session is held at the end of each semester. An inter-semester break lasts from mid-January to mid-February.

**There are several vacation breaks:** the winter break lasts from 23 December to 1 January and one week in February, the spring break falls at the time of Easter, and the summer break is from mid-June till the end of September.

**Note:** field training exercises and internships may be held during the summer break.

**Rector's days.** Sometimes the Rector of AMU may decide that no classes will be held on certain days for important reasons the Rector may decide that no classes will be held on certain days (e.g. Day of Sport, A Student's Day – Juvenalia).

**Dean's hours:** with regard to some important reasons (e.g. elections of self-government authorities) and in extraordinary circumstances the Dean may suspend classes for a few hours.

**RELIGIOUS HOLIDAY**

**Easter** (a non-fixed holiday) - one of the most important public holidays, which is full of tradition, eggs are painted and special food is prepared, celebrated in March or April.

**Corpus Christi** - Celebrated 60 days after Easter (mostly in June). Corpus Christi is both a national and a religious holiday. It is marked by religious processions through towns and villages, prayer, and attendance of church services.

**Ascension of Virgin Mary** (15 August) - August 15 celebrates the Virgin Mary's assent into heaven. The day is marked by religious observances, including church attendance.

**All Saints’ Day** (1 November) – on this day people go to cemeteries to light candles and pray for the ones who have passed away.

**Christmas Eve and Christmas** (25-26 December) - Christmas Eve is the most important Christians holiday in Poland and is called Wigią. It is marked with a special meal, often made up of 12 meatless dishes, and observance of Christmas Eve traditions. The Christmas tree is typically decorated on this day. A large dinner may also be prepared for Christmas Day.

**Labour Day** (1 May) - typically a day of rest.

**Constitution Day** (3 May) - on this day in 1791 Poland proclaimed its modern codified constitution. It is often marked with parades and other public displays of celebration.

**National Independence Day** (11 November) - on this day in 1918 Poland regained independence after 123 years of partitions. It is also a day devoted to Saint Martin, one of the most popular saints among Poznań citizens. His military cloak which he cut in half and shared with the beggar had been a symbol of Christian duty to the poor for many centuries.

The celebration takes place in the city center, all along St. Martin Street. The event begins with a colorful parade whose central figure is Saint Martin. Numerous platforms taking part in the parade are accompanied by live music.

On this holiday, the confectioners of Poznań bake an amazing number of croissants, made specially for this occasion. You should definitely try it!
3. LLP ERASMUS AT AMU

AMU has participated in the Erasmus programme (previously called Socrates-Erasmus Programme) ever since it was launched in Poland in 1998. Foreign students coming to study at AMU within the Erasmus programme can expect:

- assistance from the Erasmus Office and programme co-ordinators from the particular faculties
- assistance from Polish students (members of the Erasmus Student Network organization) in handling organizational matters (visit http://www.esn.amu.edu.pl)
- free courses of Polish language and culture
- accommodation in the hall of residence (but not earlier than from the last week of September)
- opportunities to participate in cultural events at the University and in Poznań
- opportunities to participate in student get-togethers and sightseeing tours organized by AMU and ESN
Each applicant must be a student of a partner University that an LLP Erasmus bilateral Agreement has been signed with. You should already know English well enough to take part in classes, listen to lectures, and pass your exams.

If you are selected and nominated by your home university to study at the Adam Mickiewicz University, please complete our on-line application form [http://incoming.amu.edu.pl](http://incoming.amu.edu.pl).

After completing all required data you should download a PDF file with your application form.

The processing of your application takes some weeks. At all times you will be able to check the status of your application online. After the acceptance, you have to print and sign the application form, deliver it to your home university to get your coordinator's signature and send it to us together with the Learning Agreement and the Transcript of Records.

Application deadlines within which we should get the originals of your documents:

- 30th June - winter semester;
- 15th January - summer semester.

Documents should be sent to:

Erasmus Office,
AMU International Relations Office
Wieniawskiego 1, 61-712 Poznań, Poland

If your application is successful, you will receive the Confirmation of Acceptance to your home address taken from your application form. Never hesitate to contact us whenever you have any doubts or problems.

### 3.2 Erasmus Office

**LLP Erasmus Office**
**in International Relations Office**
**Address:**
Collegium Minus
H. Wieniawskiego 1, II floor, room 207
61-712 Poznan, Poland

**LLP Erasmus Institutional Coordinator:**

**Iwona Borkowska, Ph.D.**
e-mail: iwbor@amu.edu.pl
tel: +48 509 340 508
fax: +48 61829 4406

You may contact the Institutional Coordinator at the International Relations Office.
3.3 Erasmus Coordinators

LLP Erasmus Coordinators in AMU faculties

**Biology**
Grażyna Liczbańska, Ph. D.  
e-mail: grazyna@amu.edu.pl
Ewa Jaździńska,  
e-mail: jazewa@amu.edu.pl

**Chemistry**
Izabella Foltynowicz, Ph. D.  
e-mail: iza@amu.edu.pl
Maria Bączkowska,  
e-mail: wchem@amu.edu.pl

**Faculty of Educational Studies**
Jarema Drozdowicz, Ph. D.  
e-mail: wseerasmus@o2.pl

**Geographical and Geological Sciences**
Professor Krystyna Milecka,  
e-mail: milecka@amu.edu.pl
Joanna Siwiec,  
e-mail: erazmgeo@amu.edu.pl

**History**
Professor Józef Dobosz,  
e-mail: doboszjosef@hotmail.com
Iwona Dębska,  
e-mail: debskaiw@amu.edu.pl

**Law and Administration**
Professor Wojciech Dajczak,  
e-mail: dajczak@amu.edu.pl
Marta Zapędowska,  
e-mail: mzap@amu.edu.pl
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<thead>
<tr>
<th>Mathematics and Computer Science</th>
<th>E-mail: <a href="mailto:edka@amu.edu.pl">edka@amu.edu.pl</a></th>
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<tr>
<td>Edyta Szymańska, Ph. D.</td>
<td></td>
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<tr>
<td>Izabela Filipiak, Ph. D.</td>
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<tr>
<th>Modern Languages and Literature</th>
<th>E-mail: <a href="mailto:erasmus@ifa.amu.edu.pl">erasmus@ifa.amu.edu.pl</a></th>
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<tr>
<td>Magdalena Ratajczak,</td>
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<tr>
<th>Polish and Classical Philology</th>
<th>E-mail: <a href="mailto:justw@amu.edu.pl">justw@amu.edu.pl</a></th>
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<tr>
<td>Justyna Wciórcka, Ph. D.</td>
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<th>Political Science and Journalism</th>
<th>E-mail: <a href="mailto:radoslaw.fiedler@amu.edu.pl">radoslaw.fiedler@amu.edu.pl</a></th>
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<tr>
<td>Radosław Fiedler, Ph. D.</td>
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<td>Natalia Pastucha-Kalla,</td>
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<th>Physics</th>
<th>E-mail: <a href="mailto:zawodny@amu.edu.pl">zawodny@amu.edu.pl</a></th>
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<tr>
<td>Roman Zawodny, Ph. D.</td>
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<tr>
<td>Patrycja Skusiewicz,</td>
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<tr>
<th>Social Sciences</th>
<th>E-mail: <a href="mailto:sztajers@amu.edu.pl">sztajers@amu.edu.pl</a></th>
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<tr>
<td>Sławomir Sztajer, Ph. D.</td>
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<tr>
<td>Joanna Nowaczyńska,</td>
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<tr>
<th>Theology</th>
<th>E-mail: <a href="mailto:eadamiak@amu.edu.pl">eadamiak@amu.edu.pl</a></th>
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<tr>
<td>Elżbieta Adamiak, Ph. D.</td>
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<tr>
<td>Agnieszka Tomaszewska,</td>
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<tr>
<th>Collegium Europaeum Gnesnense</th>
<th>E-mail: <a href="mailto:haaczyk@amu.edu.pl">haaczyk@amu.edu.pl</a></th>
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<tr>
<td>Katarzyna Szewczyk-Haake, Ph.D.</td>
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<tr>
<th>Pedagogy and Fine Arts in Kalisz</th>
<th>E-mail: <a href="mailto:michbeat@amu.edu.pl">michbeat@amu.edu.pl</a></th>
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<tr>
<td>Beata Michalak, Ph. D.</td>
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<th>Teacher's Training College</th>
<th>E-mail: <a href="mailto:elzbietw@amu.edu.pl">elzbietw@amu.edu.pl</a></th>
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<tr>
<td>Elżbieta Wilczyńska, Ph. D.</td>
<td></td>
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<tr>
<td>Małgorzata Myszka</td>
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Polish LLP-Erasmus Agency in Warsaw
Mokotowska 43, 00-551 Warsaw
http://www.erasmus.org.pl
tel. +22 46 31 000; +22 46 31 321

European Commission in Brussels
/ Erasmus Programme:
http://europa.eu.int/comm/education/erasmus.html
3.4 The School of Polish Language for Foreign Students

The School of Polish Language and Culture is a part of the Adam Mickiewicz University. Each year nearly 120 students from across the world enroll in the School.

Polish language courses for the Erasmus students last 30 weeks (10 hours each week) and are divided into three levels: beginner, intermediate and advanced. Classes consist of up to 15 students. The courses are free.

The School issues certificates attesting to the completion of the course and language proficiency at a certain level.

Credit points (ECTS):
10 ECTS = 150 hours,
6 ECTS = 90 hours,
4 ECTS = 60 hours.

Contact:
The School of Polish Language and Culture
Fredry 10, 61-701 Poznań, room 13
tel: (+4861) 829 45 16
fax: (+4861) 829 45 16
e-mail: schoolpl@amu.edu.pl
www.schoolpl.amu.edu.pl

3.5 Erasmus Student Network

Erasmus Student Network is a part of an international student organization cooperating in over 30 European countries. ESN supports the Erasmus international student exchange with the MENTOR Program. Each foreign student will be assigned to a Polish student who will:
• pick you up from an airport, train or bus station
• help you to check-in at the dormitory
• show you the Faculty and lead you to the Erasmus coordinator
• help you to open a bank account
• make you feel like home during your stay in Poznań

Moreover, this organization makes occasional thematic parties that are to get foreigners familiarize with Polish traditions and, at the same time, to give Polish student a deeper insight into the European cultures.

If you need more information please visit this website: www.uam.esn.pl or send an e-mail: esn@amu.edu.pl
4. PRACTICAL INFORMATION

4.1 Accommodation

All registered students can apply for the students dorms, which are owned and operated by Adam Mickiewicz University. Most international students, live in Jowita hall or residence or Zbyszko hall of residence.

**The Jowita Hall of Residence**
ul. Zwierzyniecka 7, 60-813 Poznań,
phone: +48 61 8470610
http://www.dsjowita.amu.edu.pl

The dorm offers:
- shared bathroom facilities (one bathroom and a toilet per two rooms), a kitchen on every floor and a laundry on every second floor,
- high speed internet access

The monthly cost of accommodation:
- double room: 365 PLN per person
- single room: 460 PLN

**The Zbyszko Hall of Residence**, ul. Piątkowska 80, 60-649 Poznań,
phone: +48 61 8238021

The dorm offers:
- double and single rooms with private bathroom
- a kitchen on every floor and a laundry on every second floor
- high speed internet access

The monthly cost of accommodation:
- double room: 360 PLN per person
- single room: 420 PLN
Accommodation in the halls of residence is normally available from the end of September till the end of June.

4.2 Cost of living

It is difficult to estimate the costs of living – they obviously depend on your needs and ways of spending free time. However, it seems that PLN 1500 per month should cover the monthly expenses, including housing, food, study materials, transportation and social activities.

In order to give you some idea of the cost of living in Poznań, some prices are listed below. Do not forget to consider the current exchange rate.

### Markets:

| Item                  | Unit  | Price  
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Bread</td>
<td>a loaf</td>
<td>2.00 PLN</td>
</tr>
<tr>
<td>Milk</td>
<td>1,5 liter</td>
<td>2.50 PLN</td>
</tr>
<tr>
<td>Cheese</td>
<td>1 kg</td>
<td>20.00 PLN</td>
</tr>
<tr>
<td>Butter</td>
<td>250g</td>
<td>3.00 PLN</td>
</tr>
<tr>
<td>Eggs</td>
<td>box of 6</td>
<td>2.00 PLN</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>1 kg</td>
<td>4.00 PLN</td>
</tr>
<tr>
<td>Apples</td>
<td>1 kg</td>
<td>4.00 PLN</td>
</tr>
<tr>
<td>Cigarettes (Malboro)</td>
<td>pack</td>
<td>11.00 PLN</td>
</tr>
<tr>
<td>Bananas</td>
<td>1 kg</td>
<td>4.00 PLN</td>
</tr>
<tr>
<td>Coffee</td>
<td>250g</td>
<td>15.00 PLN</td>
</tr>
<tr>
<td>Tea</td>
<td>100 bags</td>
<td>15.00 PLN</td>
</tr>
<tr>
<td>Domestic Beer</td>
<td>0.5 litter bottle</td>
<td>3.50 PLN</td>
</tr>
<tr>
<td>Water</td>
<td>1,5 liter</td>
<td>2.00 PLN</td>
</tr>
<tr>
<td>Coke/Pepsi</td>
<td>0.5 liter bottle</td>
<td>3.0 PLN</td>
</tr>
</tbody>
</table>

### Restaurants:

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meal, Inexpensive Restaurant</td>
<td>12-20 PLN</td>
</tr>
<tr>
<td>Meal at McDonalds or Similar</td>
<td>17 PLN</td>
</tr>
<tr>
<td>Domestic Beer (0.5 liter)</td>
<td>6 PLN</td>
</tr>
<tr>
<td>Water (0.33 liter)</td>
<td>3 PLN</td>
</tr>
<tr>
<td>Coke/Pepsi (0.33 liter)</td>
<td>4 PLN</td>
</tr>
</tbody>
</table>

Most shops are open from 7:00 to 18:00 (some on Sundays). Supermarkets are open from 8:00-21:00 (on Sundays from 8:00 to 19:00).

4.3 Public transport

The public transport system in Poznań consists of the tram and bus network.

**Bus network**

Bus fleet consists of over 300 vehicles and is one of the most modern in Poland. All vehicles are low-floored, many are air-conditioned and monitored. There is 50 normal bus lines (numbered 46-98), 2 express bus lines (A, L), 6 suburban lines (numbered 527, 602, 603, 651, 718 and 719) and 21 night bus lines (numbered 231-252).
**Tram network**

Tram network plays an important role in the public transport system. The city policy assumes that the city center is operated only by trams. Car access to certain streets is restricted.

There is 19 normal tram lines (numbered 1-26) and one night tram line (N21).

Poznań public transport with its network, timetables and tariff is unique in Poland. Trams are the core of the system - most of the lines have a frequency of 10 minutes. Bus lines play a complementary role to the tram network. This solution encourages passengers to transfers. Poznań was the first Polish city which introduced time tickets. They are essential in the system, because time ticket holder’s after validating it, is able to travel all the time specified on the ticket, using different buses or tram lines.

Before getting on board, you have to buy a ticket. Tickets are sold in kiosks, shops, supermarkets. There are also 40 ticket machines located in main stops.

http://www.ztm.poznan.pl/location-of-ticket-machines/

For more information about timetable, fares and tickets visit [www.ztm.poznan.pl](http://www.ztm.poznan.pl)

**4.4 How to get to Poznań**

**Plane**

The only civil airport in Poznan, named Ławica Airport which is located 7 km from the city centre. It is possible to get to the city centre from the airport using line 59 or express line L, that is going directly to Railway Station.

If you prefer to take a taxi, you can order one at the airport information desk. The fare is currently about 3.5 PLN per kilometer, and the starting (minimum) fare is 5 PLN. The trip from the airport to the **Jowita** hall of residence should cost you about PLN 25. Prices may be slightly different late at night, on Sundays.


**Train**

All trains coming to Poznań stop at the Poznań Main Railway Station (Poznań Główny).

The Railway Station is composed of two buildings: the Main Hall (Hala Główna) and the West Railway Station (Dworzec Zachodni).

The Railway Station is located in the city centre, just next to the Poznań International Fair venue. Passengers can get to the city center by tram or bus - the nearest tram stop is next to the West Railway Station. In the vicinity of the Main Hall exit there is a municipal bus stop for lines 51, 68 and 76. At night, also night buses approach the stop.

If you are accommodated in **Jowita** dorm you don't have to take a taxi, tram or bus. It only takes a 10 minute walk up Dworcowa street. If you are accommodated in **Zbyszko** dorm, using line no. 51 may be helpful.

For more information about connections and fares, see [http://rozklad-pkp.pl/](http://rozklad-pkp.pl/)

**Bus**

PKS Station (Bus Transport Company) is located in ul. Towarowa 17/19. It provides both domestic and international transport services. Apart from ticket offices, kiosks, bar and PKS information point also travel agencies selling tickets for international routes are located in the bus station hall.
4.5 Weather

<table>
<thead>
<tr>
<th>Month</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average temperatures in °C</td>
<td>2.5</td>
<td>4.3</td>
<td>4.4</td>
<td>8.9</td>
<td>14.6</td>
<td>18.8</td>
<td>20.1</td>
<td>18.7</td>
<td>13.4</td>
<td>9.4</td>
<td>5.6</td>
<td>1.4</td>
<td>9.2</td>
</tr>
<tr>
<td>Precipitation in mm</td>
<td>69</td>
<td>23</td>
<td>45</td>
<td>82</td>
<td>10</td>
<td>11</td>
<td>54</td>
<td>75</td>
<td>21</td>
<td>58</td>
<td>22</td>
<td>26</td>
<td>496</td>
</tr>
</tbody>
</table>

4.6 Medical care

**Health insurance**
The European Health Insurance Card makes it easier for people from the European Union’s 27 Member States plus Iceland, Liechtenstein, Norway and Switzerland to access health care services during temporary visits abroad. The card ensures that you will get the same access to public sector health care (e.g. a doctor, a pharmacy, a hospital or a health care centre) as nationals of the country you are visiting. If you have to receive medical attention in a country that charges for health care, you will be reimbursed either immediately, or after you go home to your own country. The idea is that you are given the care you need to allow you to continue with your stay. However, it is important to note that the card does not cover your health care costs while being abroad if you are traveling in order to obtain treatment for an illness or injury that you had before traveling. Nor does the card cover you for private sector health care providers. Please note that the card is available free of charge through your local health authority.

**Health care in Poznań**
It is highly recommended that you identify the NFZ general practitioners First-aid Doctor closest to your place of residence in Poznań and register there. Simply ask older students for advice. If you need any advice call 19494. The call centre will advice you on where to go or what to do. Note that it is more efficient to have a Polish speaking person calling that number on your behalf.

**AMU hospital and outpatient units**
Address: Obornicka 94

**AMU general practitioners**

**JAGIENKA dormitory**
Address: Obornicka 80

**AMU psychologists**

**JOWITA dormitory**
(Monday, Tuesday, Wednesday)
Address: Zwierzyniecka 7
Phone: 61 829 24 94

List of foreign embassies in Poland, see http://www.msz.gov.pl (section: About MFA; Diplomatic Protocol)
5.1 Sport and recreation

Poznań has many sports and leisure centers offering plenty of opportunities to spend your free time. It is the site of over 40 parks and more than 100 green areas. Four large lakes (Malta, Kiekrz, Rusalka and Strzeszyn) are located within the city limits. Situated nearly in the city center, Lake Malta is the site of one of the world’s most advanced regatta courses. There is a skiing slope open all year long. You can play minigolf here, use the summer luge track or a special pontoon to slide down the hill, you can also roller-skate or ride a bike. Malta is a popular venue for music concerts (it has featured Nelly Furtado and Buena Vista Social Club) and outdoor theater performances.

The narrow-gauge train along the Lake’s northern shore will take you all the way to the New Zoo. To see any of its two thousand animals (some 140 species), simply follow any of the three designated routes. One of Europe’s largest elephant enclosures opened here in 2009.

The city is home to a multitude of sport facilities which serve its residents as well as professional athletes. Poznań offers ample space for jogging, cycling, horse riding, walking and swimming (including the university swimming pool in the Morasko Campus). Many of its sports facilities have been recently renovated. The modern Municipal Stadium is slated to hold the UEFA Euro 2012 football championship. To find out more about AMU Centre for Sport and Exercise, visit [http://www.amu.edu.pl/en](http://www.amu.edu.pl/en).

leisure places and facilities in Poznań, visit [http://www.poznan.pl](http://www.poznan.pl)
5.2 Poznań by night

During your time off, choose among Poznań’s many restaurants, cafes, pubs and clubs. Particularly charming atmosphere awaits you in the Old Market Square area. It is the centre of night life in Poznań, during the warmer months the Market Square is crowded with open-air restaurants and pubs.

There is also plenty of places dispersed all around the Old Town. There is an enormous variety of places from small, cozy cafes to very popular student’s pubs like Kisielice, Dragon, W Starym Kinie and many more.

For club music, visit SQ Klub in the cellars of the Old Brewery to enjoy disco, funk, soul and many other genres. Several clubs hold regular events with resident DJs and guests. The jazzy Blue Note, concert Eskulap, dancing Browar Pub, fiery Muchos Patatos Latin Club and dozens of others are waiting!

5.3 Culture

Poznań is a city of music, theatre, visual arts and design. The Opera House attracts renown directors and soloists. Two former Adam Mickiewicz student theatres are top avant-garde theatres. Under communism, Teatr Ósmego Dnia (Theatre of the Eighth Day) was the most famous of the underground alternative theatre groups. It is not only a legend. Teatr Biuro Podróży (Travel Agency Theatre) is one of the world’s best known Polish outdoor theatre groups. There is hardly a festival in the world to which it was not invited as a star theatre company.

You can also see interesting performances in two drama theaters in Poznań Teatr Nowy and Teatr Polski.

www.opera.poznan.pl
www.tbp.ipoznan.pl
www.osmego.art.pl
www.teatrnowy.pl
www.teatr-polski.pl

There is a large multiplex cinema in Poznań, the Cinema City located on the outskirts of the city together with several bars, restaurants, billiard rooms and go-cart track. Two building of the Multikino are situated closer to the city centre, one is located in Stary Browar Shopping Center. There are also several single cinemas, including smaller ones (Amarant, Muza, Apollo) with a more diverse and ambitious offer targeted at young people and students.

Movies in Polish cinemas are not dubbed – Polish subtitles accompany the original soundtrack. Cinema tickets cost between 12 PLN to 22 PLN.

If you are interested in art and history you will not be disappointed! Poznań is one of most active and creative centers of modern fine arts and design in Poland. The Academy of Fine Arts in Poznań is the biggest in Poland. Stary Browar is Poland’s most interesting new shopping mall, combining shops with galleries and cultural entertainment.

Poznań also takes pride in its numerous museums. If you want to get to know more, visit www.poznan.pl
With your student ID card, you can buy tickets with reduced price in all cinemas, theatres, opera houses ad museums.

Being in Poznań gives you an opportunity to take part in lot’s of interesting artistic events:

In late June and early July, Poznań turns into a large stage for theater performances and projects. **The Malta International Theatre Festival** attracts theatre groups from all across the world. The venues are city streets, the Old Market Square, Lake Malta as well as a number of interiors often unrelated to theatre. The festival ends with a large musical show.

The highly popular **Masks International Theatre Festival** is targeted mainly at young audiences and fans of alternative theatres.

Every five years, the capital of Wielkopolska holds the world’s oldest **Henryk Wieniawski International Violin Competition** accompanied by the International Violin-Making Competition.

In August, dance lovers may take part in the **International Contemporary Dance Workshop** organized by the Polish Dance Theatre/Poznań Ballet. Top teachers and dancers from around the world offer dance workshops at various levels and courses in the theory of contemporary dance.

A major musical event is the **International Boys’ Choir Festival** whose audiences are charmed by choirs from around the world.

A highly popular **Saint John’s Fair** brings together master artistic craftsmen, hobbists and antique collectors from all over Poland. Make sure to experience the Poznań way to celebrate the annual **August Days of the Bambers**, a community that arrived to this town over two centuries ago from the German Region of Bamberg to make it their permanent home.
The Autumn provides an opportunity to celebrate **Saint Martin Street Day**. On November 11th, a colorful parade sets off on a march down the Saint Martin Street. The City Mayor hands over the city gate key to Saint Martin who arrives on a white horse. The holiday is an opportunity to make sweet croissants which, as legend says, have been shaped after a horseshoe from Saint Martin’s horse.

This is also a time to hold Saint Martin’s Antiques Fair that should not be missed by any lover of old items with character.

For more information on Poznań’s preparations to become the European Capital of Culture in 2016, see [www.2016poznan.pl](http://www.2016poznan.pl)

### 5.4 Juwenalia

Juwenalia – time to begin student days. Once a year in May, the Mayor of Poznań surrenders city gate keys to students, and from now on for a couple of days, the city belongs only to students! Crowds of young people use the occasion to hit the streets and celebrate. A vivid student parade kicks off a series of musical, sports and cultural events. Invariably, Juwenalia’s biggest attraction are the concerts – a chance to listen to favorite music genres in various compilations. Every year, Juwenalia offers days of pure fun allowing students to assert their independence and display their imagination.
6. DEGREE PROGRAMS AT ADAM MICKIEWICZ UNIVERSITY IN POZNAŃ

FULL BACHELOR’S DEGREE PROGRAMS - FACULTY OF MODERN LANGUAGES

1. English I
2. English II for teachers of English
3. South African BA program
4. Celtic studies BA program
1. **English: MA program** - Faculty of Modern Languages, AMU Poznań
2. **English MA program for translators and interpreters** - Faculty of Modern Languages, AMU Poznań
3. **British and American culture MA program** - Faculty of Modern Languages, AMU Poznań
4. **International Master Program in Chemistry, SERP-Chem** – Faculty of Chemistry and Université Paris-Sud 11 (France), Università degli Studi di Genova (Italy), Universidade do Porto (Portugal)
5. **International Master in Balkan Studies, IBS** - Department of Cultural Studies, Collegium Polonicum in Slubice, Poland and the European University Viadrina (EUV) in Frankfurt/Oder (Germany)
6. **European Master's Degree in Human Rights and Democratisation (E.MA)** - Faculty of Social Sciences, School of Cultural Studies and University of Malta (coordinating university), La Sapienza, Rome (Italy), Universite Paris 13 (France)
7. **Master Program in Political Science, AMU/Master Program in European Studies, EUV** - Faculty of Political Science and Journalism, Collegium Polonicum, Slubice (Poland), European University Viadrina (EUV) Frankfurt/Oder (Germany)
8. **MBA in Management for Central and Eastern Europe** - Faculty of Business Administration and Economics, Collegium Polonicum (Poland) / EUV (Germany).
9. **Master Program in German and Polish Law (AMU)/Bachelor and Master in German and Polish Law (EUV)** - Faculty of Law and Administration, Collegium Polonicum (Poland) / EUV (Germany).
10. **European Masters in Science of Performative Creativity (MSPC)** - Faculty of Social Sciences, School of Cultural Studies and University of Malta (coordinating university), La Sapienza, Rome (Italy), Universite Paris 13 (France).
11. **Master of Intercultural Communication Studies** - Department of Cultural Studies, Collegium Polonicum (Poland) / EUV (Germany).

If you would like to do Ph.D. research at AMU, please write to persons listed below.

You are also welcome to come to AMU as a guest student for one or two semesters.

**AMU-PIE:** A YEAR AT AMU co-ordinates nearly 150 regular courses on a variety of subjects taught in English and some in French and Spanish. For more information visit: [http://www.amu.edu.pl/en](http://www.amu.edu.pl/en)

English intensive preparatory courses for further study:
- 960 hours of classes, total tuition cost for 1 year: 3500€ *
- 480 hours of classes, 6 months long course: 2000€*
- 160 hours of classes, 2 months long course: 1000€*

* Estimated prices for 2010/2011 academic year – subject to change, please refer to our website [www.amu.edu.pl > International](http://www.amu.edu.pl/en)

For more information, please contact:

**Ms. Karolina Choczaj, M.A.**
AMU International Relations Office
email: karolina.choczaj@amu.edu.pl
phone + 48 61 829 44 06

**Rafał Witkowski, Ph.D.**
Head of AMU-PIE
email: rwitkows@amu.edu.pl
amu-pie@amu.edu.pl
tel +48 61 8294770
fax +48 61 829 4406

Visit us at our international website: [www.amu.edu.pl](http://www.amu.edu.pl)
Adam Mickiewicz University in Poznań has bilateral exchange agreements with universities all over the world. Depending on the specifics of the agreement, bilateral exchange students may accomplish part of their degree, choosing appropriate subjects from our educational offer. For more information about all cooperation programs, please contact:

Ms. Joanna Janas
AMU International Relations Office
email: joannaj@amu.edu.pl
DAAD - German Academic Exchange Service: The DAAD assists outstanding German students, interns and student trainees, (post)graduates, young academics and researchers to complete study or research stays at the best universities around the world by awarding scholarships and grants.

GFPS: GFPS is a non-government organization that awards scholarships to German students for studies in Poland for one term or a whole academic year as well as enables them to take part in summer courses.

Visegrad Foundation: facilitates academic exchanges by providing financial support to students or researchers who are citizens of the V4 countries: the Czech Republic, Hungary, Poland and Slovakia (hereinafter the “Member States”) and for foreign citizens to study in the Member States. All universities accredited by the governments (Ministries of Education) and Institutes of Academies of Sciences are eligible to be host as well as home institutions. The aim of the VSP is to support the mobility of students and researchers among the specified countries.

Visegrad Scholarships are provided for study/research projects specified in the submitted application for 10 months (2 semesters) or 5 months (1 semester). The level of supported studies shall be:
- Master’s studies (the student must have completed at least 4 semesters at home university prior to applying),
- Post-Master’s (doctoral or other postgraduate programs).

CEEPUS: ‘Central European Exchange Program for University Studies’ covers mobility grants for students and teachers in this framework. Students registered at universities, regardless of the field of study, are eligible for support within this programme.

Fulbright Student Program: Fulbright Student Program is a 9-months scholarship program for postgraduate students from the USA. Applicants must be US citizens at the time of their application and work as ‘assistant teachers in English classes’. Students are eligible to take part in classes.

AMU SCHOOL OF POLISH LANGUAGE FOR FOREIGN STUDENTS

The School offers a year-long intensive preparation course for candidates to study in Poland (600 hours + 75 hours of specialized classes):
- one year fee: 3100 € *
- a semester fee: 1550 € *
*(payment in Poland – the equivalent of € in PLN)

The School also organizes The Summer School of Polish Language, which brings about a hundred individuals coming from all over the world to attend classes every year. The school offers classes led by well qualified and experienced lectors and academic teachers of Adam Mickiewicz University.

Moreover, the school provides its students with varied cultural and entertaining program.

For more information, visit:
http://summerschool.amu.edu.pl

AMU School of Polish Language for Foreign Students
Collegium Maius
10 Fredry Street, room no.3
61-710 Poznan
Tel/fax.: +48 61 8294516
e-mail: schoolpl@amu.edu.pl
http://www.schoolpl.amu.edu.pl
8. USEFUL LINKS

Information about Poland and Poznań:
http://www.poland.gov.pl
http://www.msz.gov.pl
http://www.poznan.pl
http://www.poznan-life.com
http://en.umww.pl
http://www.jakdojade.pl

Information about Adam Mickiewicz University in Poznań:
http://www.amu.edu.pl/en
http://www.erasmus.amu.edu.pl
http://uam.esn.pl
http://www.schoolpl.amu.edu.pl
http://www.serp-chem.eu
http://www.dsjowita.amu.edu.pl

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Poznań 2010

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DIVE INTO THE OCEAN OF POSSIBILITIES

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