



UNDERGRADUATE
3 WEEKS, WEEKEND DELIVERY
6 ECTS @ LEVEL 8

Module code SS6091 - Registration Normal (N)

VIDEO & PERFORMANCE ANALYSIS

This short course will help you gain an understanding of team sports performance through various technical aspects of coaching and application of video notational analysis.

It will examine:

- game tactics
- offensive and defensive game-play
- practical video data capture
- video analysis coding development
- mobile and app solutions
- coach and player feedback systems

Awards

On the satisfactory completion of the course you will be awarded: NFQ Level 8 (6ECTS) in Video & Performance Analysis.

ISPAS Professional Accreditation

The course leads to International Society of Performance Analysis of Sport (ISPAS) accreditation through submission of a completed case-study.



PROGRAMME OF STUDY / DELIVERY

Offered both in the Autumn and the Spring over three Saturdays from 10am to 6pm, spaced three weeks apart. Early September until November, or early February until April at the Physical Education and Sport Sciences Building (PESS), at the University of Limerick.

The course is a blend of tutorials, laboratory practicals and field work.

The course can accommodate twenty (20) students per semester.

A **minimum of ten** (10) registrations are required to run this course.

Confirmation of the course running, for any particular semester, will be made three weeks prior to start date.

Your fee includes a temporary video notational analysis software license as part of the course.

PROGRAMME CONTENT

Six blocks	
1.	The role of performance analysis; factors influencing performance; feedback in sport
2.	Performance indicators; player profiling
3.	Notational analysis; key performance indicators; manual systems
4.	Camera skills; video formats and requirements
5.	Digital solutions, software analysis, Apps and mobile systems; software training and tagging; coding panels
6.	Feedback systems; creating dashboards; presenting video; reporting and data management

ENTRY REQUIREMENTS

A pass in five subjects in the Irish Leaving Certificate or an equivalent examination.

For those not possessing a pass in five subjects, relevant experience and/or evidence of other part-time courses may also be considered as part of Recognised Prior Learning (RPL).

FEES

€495 which includes ISPAS membership accreditation fee.

FOR MORE INFORMATION, please contact:

Physical Education & Sport Sciences
University of Limerick

Web: <http://www.ul.ie/pess>

Email: PESS@ul.ie

Tel: +353 61 202896

HOW TO APPLY

The link-in application form is available to print on **www.ul.ie/CPE/short-courses**

Please complete the form and return **with** fee to Continuing & Professional Education
ER1-030, Engineering Research Building,
University of Limerick
Limerick

PLEASE NOTE: that all cheques, bank drafts or postal orders are to be made **payable to the University of Limerick**

The content of this brochure is for information purposes only.

No guarantee is given that the programme, syllabus, fees or regulations may not be altered, cancelled or otherwise amended at any time.

**PHYSICAL EDUCATION & SPORT SCIENCES
EDUCATION & HEALTH SCIENCES**